



SCHOOL IS OUT
FOR SUMMER

Now what?

As educators, our job is to prepare students for success.
As believers, our job is to support our community.
This resource booklet can help do both.

Southeast
CHRISTIAN SCHOOL





1

Why are we providing this resource?

Being a part of the global communities of both education and believers, we here at Southeast Christian School believe it is our job to provide support and resources for success whenever we can. We hope this resource booklet not only bridges the potential academic gap created by the suspension of in-person learning, but also gives you as a parent in our community ideas for entertaining your child(ren) this summer that are healthy and learning-related.

2

What kinds of things are included?

This booklet includes a range of resources from books for parents, lists of household activities that can further your child(ren)'s gross/motor skills, emotional development, math, literacy, and writing skills, and a list of online tools for students with descriptions.

3

How should I approach this booklet?

Our suggestion for you is to print or download our free PDF. Read through each section and then decide which elements are appropriate to introduce to, or use with your child(ren). Make note of the tools you would like to implement, and then get started! Resources such as the online tools can be introduced in minutes.

BOOKS & RESOURCES FOR PARENTS

How movement & learning connect



Smart Moves: Why Learning is Not All in Your Head
By Carla Hannaford



Brain Gym: Simple Activities for Whole Brain Learning
By Gail E. Dennison and Paul E. Dennison



The 7 Habits of Happy Kids
By Sean Covey



Brain Balance Achievement Centers
www.brainbalancecenters.com

GROSS & FINE MOTOR SKILL BUILDING

At-Home Activities



OUTDOOR

Play catch
Swing
Climb
Slide
Hike
Swim
Ride bikes
Crawl
Organized sports



INDOOR

Play-doh
Marbles
Legos
Blocks
Bubbles
Stickers
Zippers
Picking up objects with
tweezers



ONLINE

www.gonoodle.com

Watch the videos
and follow the fun,
physically engaging
activities provided

EMOTIONAL DEVELOPMENT

Tools, Reminders, & Ideas

1 When your child chooses to make a poor choice, ask specifically what they chose to do and why, then what they will choose next time instead. Accountability is critical to developing a socially responsible child.

2 Tell your child what you love about them specifically. Targeted feedback has a greater impact.

3 When your child comes to you with a problem, ask him what he thinks he should do. Let him figure out the solution with your agreement, disagreement, and add more guidance as needed. Coaching helps build autonomy and independence.

4 Ask your child how the day went. Listen, ask questions for clarification, then restate important details to affirm your listening.

5 Let your child know that even when his/her behavior disappoints you, that you always love them.

6 Speak positively to your child. What you believe about him/her translates through what you say and how you say it. Focusing too much on negative behavior can be defeating rather than beneficial.

7 Encourage the behavior you want to see.

8 Set SMART Goals (Specific, Measurable, Achievable, Realistic, Timely). Ex: I will put my dishes away after dinner and snack time, daily 8 out of 10 times and will chart on a graph my progress for "X" goal/incentive.

9 Build habits that become responsible daily actions such as cleaning up after meals, brushing teeth, reading, turning off all devices and talking about something positive, and picking up toys.

10 Have your child make choices about what to put in his/her schedule- over involvement can be harmful when family time, studying, and healthy meals are sacrificed.

11 Teach your child how to sweep, do dishes, mop, vacuum, fold clothes, vacuum, and dust. Those skills actually help the brain to develop and increase motor skills while creating community and shared responsibility in your home.

12 Assign your child a chore that is his/her responsibility from week to week that must be done by a particular day and time.



SUBJECT-SPECIFIC ACTIVITIES

For Various Ages

MATHEMATICS

ACTIVITIES

- Count any objects- toothpicks, paper clips, cabinets, blocks, doors, people, etc. Ask if the number is odd or even. Add to and take away from the numbers. Group the objects into sets (3 sets of 4 make how many?)
- Add objects- "You have 2 toothpicks. What do you get when you add 2 more?"
- Make a 100 numbers chart on poster board or paper. Count together by 1's, 2's (even), 3's (and), 5's, 10's, count forward and backward; Pick out random numbers and see if your child knows them then count forward or backward from there; Find a number and then add/subtract/multiply/divide; find a number and estimate it to the nearest 5 or 10 or 100.
- Problem solving and higher level thinking: play cash register together or restaurant by creating prices for items, making menus or lists of items, adding up how much it would cost to order something or make a certain recipe, clip coupons and add up a savings list, design a budget.
- Turn something family-oriented into a game where you could use some math skills to graph, calculate, problem solve.
- Practice math facts daily- for fun you could time your child and create a graph of how many facts they can do correctly in 1 minute, 2 minutes; practice orally and on paper. Come up with games around the facts.
- Gather up some loose change and count money, add different coins together "You have a quarter, dime, nickel, and two pennies. What would you have all together if I gave you another quarter and 12 more pennies?" "How many pennies make a nickel, dime, quarter, or dollar? How do I exchange smaller coins for larger coins?"
- Challenge your kid by giving them an answer and seeing how many ways they can come up with that answer using $+$, $-$, \times , $/$ and/or algebra.
- Have your child verbally explain the exact steps used to solve a problem. Then, have them write his/her steps in a short answer.

ONLINE RESOURCES

- www.ixlmath.com
- Khan Academy- free math support online and app for iPad/iPhone

ACTIVITIES

- Practice sight words nightly until your child can read them, recognize them in stories, and spell them- <http://www.k12reader.com/dolch-word-list/>.
- Practice saying the ABC's, use magnetic letters or foam letters to spell words (sight words or grade level words), point to random letters to make sure your child can recognize them.
- Write sight/spelling or vocab words in sand on a cookie sheet, on sandpaper, in shaving cream on a cookie sheet, or on whipped cream on a cookie sheet (this is fun and different for any age level and a great way for a tactile learner to use their hands to help their brain remember).
- Practice spelling by spelling the words out loud, writing the words multiple times in different ways like air drawing the words beginning at the left shoulder towards the right making sure that your child is crossing the mid-line of the body, write with crayons on construction paper, write with pencil, write in print and cursive. Go to www.spellingcity.com to practice words.
- Vocabulary words- find a picture that word symbolizes; use the word in a sentence; draw a picture that illustrates the definition/concept of the word; figure out different forms of the word such as past, present, future; develop a story using multiple words; create flashcards with the words and definitions, find synonyms and antonyms of the word, look up the word in the dictionary to practice dictionary skills and teach your child how to be an independent learner.
- Read to, Read with, or supervise your child reading independently every day for 30 minutes to 1 hour as their attention span grows. This time can be broken up into two 15 minute sessions or whatever works for your child and your time.
 1. Read to You. Read all of the words pointing to them as you go through the story.
 2. Read with your child. When, your child is beginning to read he/she may need reminding of certain words. Give your child 3-5 seconds think time on a word then give them the word without sounding it out. Reread words and sentences that your child struggled with so that you can help them get mastery. Go back through the story and ask your child to identify random words or read the story backwards to check for true mastery vs memorization of the story.
 3. Supervise reading independently. When your child is an independent reader, it is still a good idea to have them read orally to you at times to check and make sure that they are pronouncing words correctly and building their fluency (the rate of which they read words per minute). High school kids still enjoy reading to their family. You could make this a fun activity to graph how many words per minute they are reading on a fresh grade level text. Track their progress as their reading level increases.

4. Read each book at least twice to build comprehension and vocabulary.
5. Write down missed words and look them up later in the dictionary then discuss the meaning.

ONLINE RESOURCES

- www.k12reader.com
- www.razkids.org
- www.newsela.com
- www.spellingcity.com

WRITING

ACTIVITIES

- Practice holding pencils, crayons and markers correctly while drawing or scribbling.
- Write letters, numbers, and name on lined paper- may have to let them begin with tracing.
- Write a sentence or thought.
- Create stories telling about family events orally, then write them (don't worry about spelling or punctuation until the final copy).
- Edit the story looking for capital letters, punctuation, and spelling.
- Write a story about an adventure, holiday, student situation at school, event.
- Have your child create the grocery list or menu for the weekend.
- Write a summary of what happened during the day.
- Have your child write down details from a show or sporting event that you are watching, then have them write a summary using the details and sequence of events.
- Write a persuasive article about a topic or compare and contrast two shows on TV.
- Compare and contrast two books or articles citing evidence from the text on what is the same and what is different.
- Have your child write a diary entry from their point of view using a future milestone to practice personal writing and a different convention. Example: a middle school aged child could write an entry about their first day at work after graduating from college. Let them explore their imagination!

ACTIVITIES

- Read/Retell is a strategy that can be used at any age/reading level. It is a great idea to have your child recount what they learned from a page, chapter, or entire story to you in their own words. Make it fun by acting it out. Get creative.
- Summarize. Your child can show understanding by writing a summary of the story, chapter, or book. He/she can illustrate a picture of the story, write a one sentence summation, write a book report using the correct transition words, create a play acting out the plot of the story, create a comic strip about the story using the main characters, write a poem or song about the story, create a diorama using the story elements, or create an alternative ending. Any writing idea using the general plot, characters, and theme of the story with correct sequencing is going to help your child transfer the learning.
- Questioning strategies include using the 5 W's and 1 H: who, what, when, where, why and how questions about the story.
- Higher level thinking skills: construct, design, devise, invent, make, plan, produce, critique with details, experiment, hypothesize, judge with details, test, etc. are all actions that require deeper thinking. Have your child create a test with vocabulary words, write a song, create an advertisement for their book, compare and contrast two characters, draw an illustration for a story, etc.
- Identify the main idea and cite evidence from the text that supports his/her thinking.

APPROPRIATE ACTIVITIES FOR MY CHILD

List a few activities from each section you'd like to try

BIG LIST OF ONLINE TOOLS

By Subject



LITERACY

readinga-z.com

Leveled literacy readers

storylineonline.net

Developed by The Screen Actors Guild Foundation, Storyline Online features accomplished actors and actresses reading some of their favorite children's books. Each story comes with a free Activity Guide and can be viewed on YouTube or SchoolTube.

readtomelv.com

Similar to Storyline Online, Read to Me features popular children's books being read by famous performers. There are activity guides with hands-on ideas, discussion questions, and lesson plans that can easily be adapted to the Common Core State

Standards. Entirely free, the site is colorful and engaging.

wegivebooks.org

A Pearson Foundation Initiative, We Give Books offers students a unique opportunity to read for social good. Each book that is read results in a book that is donated to a charity for children. While the books are not read aloud, they allow students to practice "Read to Self" with a good fit book during center time. There are books for children in preschool through fourth grade.

starfall.com

While some areas of Starfall are part of their premium service, they have many early reader stories available for free. Students can follow along as the story is read to them and can, in some instances, help create their own story. The website is highly engaging and a favorite of young readers.

barnesandnoble.com

From The Kissing Hand

read by author Audrey Wood to Pinkalicious read by Victoria Kann, Barnes and Noble's Online Story time has popular children's books read out loud. While there are no supplemental materials to accompany the stories, this free site is perfect for "Listen to Reading" stations.

tumblebooks.com

TumbleBooks is a pay-for-use site that traditionally sells licenses to libraries and schools. Many public libraries, such as the Tell City, IN Public Library, offer free access to their TumbleBooks account. Students can follow along as the text is read to them to help improve comprehension and fluency. Choose from picture books to chapter books. Portland Public Library also has free access to TumbleBookCloud which gives access to Middle and High School level books.

If your school decides to purchase a school license, there is also access to the Common Core Portal that

includes lessons and quizzes to accompany the books.

abcy.com

Children can listen to short stories read aloud to them as they follow along with the highlighted text. ABCya! has a variety of educational games in addition to the featured stories. Free resources and materials are available for grades K through 5.

storynory.com

Storynory features a collection of original, fairytale, and classic children's audio stories. Students can follow along with the story as it is read to them, as the text is also included on the site. There are also some great features available that give you the option of downloading the audio to your computer, listening to "catch phrase" explanations, translating text into different languages (especially helpful for your ELL students!), and more.

ngexplorer.cengage.com

National Geographic Young Explorers is a magazine designed specifically for kindergarten and first grade students. Children can listen to the magazine being

read to them as they follow along with the highlighted text. It is a great way to bring interesting non-fiction stories into reading center time.

oxfordowl.co.uk

After registering for a free account, you have access to over 250 children's audio books that can be used in the classroom. The book text is not part of the presentation, so students will not be able to follow along as it is read to them.

achieve3000.com

A nonfiction literacy intervention and extension resource tool. Achieve3000® provides the only patented, cloud-based solutions that deliver daily differentiated instruction for nonfiction reading and writing that's precisely tailored to each student's Lexile® reading level.

getepic.com

Reading for under age 12.



MATH

funbrain.com

Find math games by topic or by grade at FunBrain. Students will enjoy playing a variety of math games that reinforce concepts and engage young learners.

mathblaster.com

The message to Math Blaster is clear: "Your success depends on your ability to use your brain and logic skills." With a space/alien theme, Math Blaster lets your students become intergalactic heroes based on their math operation and critical thinking skills. Registration is required, but the game itself is free. Be sure to check out the Teacher Section to find Math Blaster for the Classroom.

mangahigh.com

Manga High offers free and subscription packages to classroom and home school teachers. The free site allows students to play basic

games to reinforce math skills and compete against the computer or others. The subscription version gives teachers the opportunity to track students' progress and see where there are gaps in their basic skills.

mathgametime.com

Designed for students from Pre-K through 7th Grade, Math Game Time offers fun, educational games. From games like Integer War, Ratio Martian, and Jet Ski Addition, students quickly engage with games that are on-target for their grade and the Common Core Standards.

mathplayground.com

"Play with Numbers and Give Your Brain a Workout" is the motto of Math Playground. Assign students games to play related to logic, number skills practice, geometry, algebra, probability, fractions and more. There are also math word problems and video instruction to help students remember how to solve them. Does your school use Singapore Math? Math Playground has a section dedicated just to it.

nsa.gov/kids

America's CryptoKids

website is sponsored by the NSA and focuses on codemaking and codebreaking. Students can learn more about cryptology and create and break common codes. There are student resources, high school programs, and even college programs that can be explored. While the site may not focus on basic math skills, cryptology requires critical thinking that is essential to student success.

bbc.co.uk/schools

Math practice with a bit of British humor is what Bitesize is all about. Based off of Britain's standards, the site still offers ample practice with decimals, factors and multiples, addition and subtraction, and more. The games are amusing, but the skill practice is substantial.

multiplication.com

From the Multiplication Grand Prix to the Knight and the Princess, students can practice their basic math skills in a fun and engaging way. There are additional resources available for parents and teachers to help reinforce and teach skills. Check out the Classroom Games section for off-line fun.

learnzillion.com

Find lessons that complement what you are studying in the classroom based on the Common Core Standards for grades 3-9. While less of a "math game" site than some of the others on the list, Learn Zillion provides a strong, comprehensive approach to online math education. Take time to explore the free resources available to teachers and parents.

hoodamath.com

Logic and reasoning, math fact practice, and more make up the free educational games at Hooda Math. There are quite a few games that call for higher order thinking and ask students to problem solve to complete the activities.

coolmath-games.com

Coolmath-Games has exactly what the name implies – fun and unique math learning opportunities for students. One of the most interesting features is an online jigsaw puzzle section that features a variety of photos turned into puzzles. This is especially helpful for developing spatial relations in young learners. They

have an extensive preview and review of Precalculus and Calculus in addition to their elementary and middle school games and reviews. It is a comprehensive site worth examining.

prodigygame.com

A free, engaging, curriculum-aligned math platform for all ages.



SOCIAL STUDIES

ngexplorer.cengage.com

National Geographic Young Explorers is a magazine designed specifically for kindergarten and first grade students. Children can listen to the magazine being read to them as they follow along with the highlighted text. It is a great way to bring interesting non-fiction stories into reading center time.

achieve3000.com

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cloud-based solutions that deliver daily differentiated instruction for nonfiction reading and writing that's precisely tailored to each student's Lexile® reading level.

icivics.org

ICivics provides family activities to help our youth build important civic knowledge and skills to help them understand how individuals and communities can work together to solve local, national, and global problems. It also provides teacher tools.



BIBLE

rightnowmedia.org

A streaming library of Bible study videos for various ages. Access their limited library free during COVID-19 or gain full access through your church or school.



We hope that you found the resources you need to provide your children with learning-based entertainment and activities this summer.

It is our joy to serve our community and try to make your life as a parent a little easier.

If this booklet was helpful for your family and you want to learn more about Southeast Christian School, visit us at sechristianschool.org or call 720-842-5655 to set up a tour today!